

This brief contains 2009 chronic disease health data for the South Region of San Diego County. Data are provided from the Community Health Statistics Unit and the 2009 California Health Interview Survey.



Demographics ¹	South Region (%)	County (%)
Ages 0-14	22.93	19.92
Ages 15-24	16.49	15.67
Ages 25-44	28.16	28.57
Ages 45-64	21.90	24.28
Ages 65+	10.5	11.56
White	24.55	49.78
Black	4.41	5.22
Hispanic	54.33	30.21
Asian/Pacific Islander	13.40	10.65
Other	3.31	4.14
Households with income less than 200% Federal Poverty Level (FPL)#	33.59	28.44

	South Region		County	
Health Outcomes ²	Number	Rate**	Number	Rate**
Coronary Heart Disease				
Death	516	112.0	3,415	107.2
Hospitalization	1,938	420.6	10,129	318.0
Emergency Department Discharge	111	24.1	784	24.6
Stroke				
Death	147	31.9	1,080	33.9
Hospitalization	1,079	234.2	6,734	211.4
Emergency Department Discharge	190	41.2	1,306	41.0
Diabetes				
Death	87	18.9	555	17.4
Hospitalization	875	189.9	4,029	126.5
Emergency Department Discharge	716	155.4	4,228	132.7
COPD				
Death	92	20.0	916	28.8
Hospitalization	529	114.8	3,341	104.9
Emergency Department Discharge	1,650	358.1	8,009	251.4
Asthma				
Death	<5	§	22	0.7
Hospitalization	393	85.3	2,433	76.4
Emergency Department Discharge	1,831	397.4	9,779	307.0
Cancer, All Causes				
Death	666	144.6	4,734	148.6



Access and Utilization ³	South Region (%)	County (%)
No Usual Source of Care (ages 18-64)	9.0	13.2
Uninsured All or Part of Year (ages 18-64)	29.6	23.2
Prescription Drug Coverage (ages 18-64)	91.9	94.5

Health Behaviors & Related Health Factors ³	South Region (%)	County (%)
Current Smoker (ages 18+)	11.8	12.8
Overweight/Obese (ages 18+)	58.4	55.3
Walked for Transport, Fun/ Exercise (ages 18+)	69.6	75.7
Ate Fast Food 2 or More Times in Past Week (all ages)	38.2	35.5
Binge Drinking in Past Year (ages 18+)	36.2	34.8
Ever Diagnosed with High Blood Pressure (ages 18+)	25.6	26.3
Ever Diagnosed with Diabetes (ages 18+)	9.5	7.8
Ever Diagnosed with Asthma (all ages)	10.4	12.3

Sources

- 1. Current Demographic Estimates, San Diego Association of Governments (SANDAG), 2010.
- 2. County of San Diego (CoSD), Health & Human Services Agency (HHSA), Public Health Services (PHS), Community Health Statistics, 2011.
- 3. UCLA Center for Health Policy Research, California Health Interview Survey (CHIS), 2009.
- § Rates and percents not calculated for fewer than 5 events.
- ** Rates are per 100,000 population.
- #: Federal Poverty Level for 2009 (\$10,830 for single person, \$3,740 for each additional person, \$22,050 for four-person-family).



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Households with income less than 200% Federal Poverty Level (FPL)#	33.59	28.44	

	South Region		County	
Health Outcomes ²	Number	Rate**	Number	Rate**
Tuberculosis	63	13.7	223	7.0
Chronic Hepatitis C, Reported	1,777	385.7	4,540	142.5
AIDS Incidence	63	13.7	363	11.4
Chlamydia Reported, Underestimate‡	1,964	426.3	14,233	446.8
Gonorrhea Reported, Underestimate‡	147	31.9	1,838	57.7
Primary and Secondary Syphilis Reported	31	6.7	263	8.3
Access and Utilization ³	South Region (%)		County (%)	
No Usual Source of Care (ages 18-64)	9.0		13.2	
Uninsured All or Part of Year (ages 18-64)	29.6		23.2	
Prescription Drug Coverage (ages 18-64)	91.9		94.	5

Health Behaviors & Related Health Factors ³	South Region (%)	County (%)
Binge Drinking in Past Year (ages 18+)	36.2	34.8
Tested for STD in Past 12 Months (ages 12-17 who have had sexual intercourse)	*	36.5
4 or More Sexual Partners in Last 12 Months (ages 18-64)	*	3.9
Has had Flu Vaccination in Past 12 Months (ages 18+)	48.8	41.1
Has had Flu Vaccination in Past 12 Months (ages 0-11)	57.0	55.6



Sources

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- 2. County of San Diego (CoSD), Health & Human Services Agency (HHSA), Public Health Services (PHS), Community Health Statistics, 2011.
- 3. UCLA Center for Health Policy Research, California Health Interview Survey (CHIS), 2009.
- **‡** Underestimate due to cases with unknown residence. Approximately 30% of chlamydia and gonorrhea cases have missing residence data each year.
- * Indicates statistically unstable estimate.
- ** Rates are per 100,000 population.
- #: Federal Poverty Level for 2009 (\$10,830 for single person, \$3,740 for each additional person, \$22,050 for four-person-family).



This brief contains 2009 injury health data for the South Region of San Diego County. Data are provided from the Community Health Statistics Unit and the 2009 California Health Interview Survey.



Demographics ¹	South Region (%)	County (%)
Ages 0-14	22.93	19.92
Ages 15-24	16.49	15.67
Ages 25-44	28.16	28.57
Ages 45-64	21.90	24.28
Ages 65+	10.5	11.56
White	24.55	49.78
Black	4.41	5.22
Hispanic	54.33	30.21
Asian/Pacific Islander	13.40	10.65
Other	3.31	4.14
Households with income less than 200% Federal Poverty Level (FPL)#	33.59	28.44

	South Region		County	
Health Outcomes ¹	Number	Rate**/(%)	Number	Rate**/(%)
Unintentional Injury (All Causes)				
Deaths	108	23.4	949	29.8
Hospitalizations	3,089	670.4	21,149	663.9
Emergency Department Discharges	21,321	4,627.6	149,437	4,691.2
Fall-Related Injury				
Deaths	27	5.9	231	7.3
Hospitalizations	1,587	344.4	10,734	337.0
Emergency Department Discharges	7,375	1,600.7	52,581	1,650.7
Overdose/ Poisoning				
Deaths	40	8.7	409	12.8
Hospitalizations	324	70.3	2,365	74.2
Emergency Department Discharges	626	135.9	4,677	146.8
Motor Vehicle Injuries				
Deaths due to Motor Vehicle (MV) Injury	36	7.8	242	7.6
Hospitalizations due to MV Injury	415	90.1	2,676	84.0
Emergency Department Discharges due to MV Injury	2,205	478.6	16,010	502.6
Motor Vehicle Crash (MVC) Injuries	2,194	476.2	18,459	579.5
Alcohol-involved MVC Injuries	378	82.0	2,509	78.8
Drinking Drivers Involved in MV Crashes	237	51.4	1,685	52.9
Active Restraint Use, % of Motor Vehicle Occupants (MVO) Injured†, Ages 6+	1,342	89.1%	10,989	92.7%
Child Restraint Use, % of MVO Injured +++, Ages 0-5	15	62.5%	135	67.2%
Pedestrian Injuries				
Deaths due to Motor vehicle crashes (MVC)	8	1.7	59	1.9
Hospitalizations due to MVC	62	13.5	348	10.9



	South Region		County	
Health Outcomes ²	Number	Rate**/(%)	Number	Rate**/(%)
Emergency Department Discharges due to MVC	149	32.3	963	30.2
Injuries due to MVC	158	34.3	1,054	33.1
Assault				
Homicide	14	3.0	90	2.8
Hospitalizations	363	78.8	1,644	51.6
Emergency Department Discharges	1,237	268.5	8,188	257
Self-Inflicted Injuries				
Suicide	37	8.0	365	11.5
Hospitalizations	249	54.0	1,590	49.9
Emergency Department Discharges	261	56.6	2,435	76.4
Firearm-Related Injuries				
Deaths	22	4.8	200	6.3
Hospitalizations	38	8.2	186	5.8
Emergency Department Discharges	31	6.7	211	6.6
Access and Utilization ³	South	Region (%)	County (%)	
No Usual Source of Care (ages 18-64)		9.0	13.2	
Uninsured All or Part of Year (ages 18-64)	;	29.6	23.2	
Prescription Drug Coverage (ages 18-64)		91.9	94.5	
Health Behaviors & Related Health Factors ³	South	Region (%)	Co	unty (%)
Binge Drinking in Past Year (ages 18+)	;	36.2		34.8
Experienced Physical or Sexual Violence By Intimate Partner in Past Year (ages 18-65)	*		2.6	
Ever Experienced Physical or Sexual Violence By an Intimate Partner Since Age 18 (ages 18-65)	;	13.7		13.7
Ever Seriously Thought About Committing Suicide (ages 18+)		*		8.0

Sources

- 1. Current Demographic Estimates, San Diego Association of Governments (SANDAG), 2010.
- 2. County of San Diego (CoSD), Health & Human Services Agency (HHSA), Public Health Services (PHS), Community Health Statistics Unit, 2011.
- 3. UCLA Center for Health Policy Research, California Health Interview Survey (CHIS), 2009.
- * Indicates statistically unstable estimate.
- ** Rates are per 100,000 population.

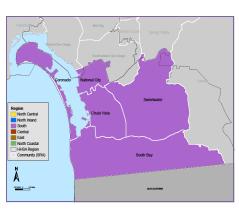
†Active Restraint Use percentage is defined as those ages 6 years and older who were injured in motor vehicle crashes (MVC) occurring on public roads where the status of active restraint use was known. Data are by location of occurrence. The data come from the California Highway Patrol Statewide Integrates Traffic Records System.

#Federal Poverty Level for 2009 (\$10,830 for single person, \$3,740 for each additional person, \$22,050 for four-person-family).

tht Child Restraint Use percentage is defined as the percentage of children ages 0-5 who are properly restrained as motor vehicle occupants (MVO) in crashes occurring on public roads where the status of restraint use was known. Data are by location of occurrence. The data come from the California Highway Patrol Statewide Integrates Traffic Records System.



This brief contains 2009 maternal and child health data for the South Region of San Diego County. Data are provided from the Community Health Statistics Unit and the 2009 California Health Interview Survey.



Demographics ¹	South Region (%)	County (%)
Ages 0-14	22.93	19.92
Ages 15-24	16.49	15.67
Ages 25-44	28.16	28.57
Ages 45-64	21.90	24.28
Ages 65+	10.5	11.56
White	24.55	49.78
Black	4.41	5.22
Hispanic	54.33	30.21
Asian/Pacific Islander	13.40	10.65
Other	3.31	4.14
Households with income less than	33.59	28.44
200% Federal Poverty Level (FPL)#	33.33	20.44

	South Region		County	
Health Outcomes ²	Number	Rate/(%)	Number	Rate/(%)
Live Births, % of County Births	8,306	18.5%	44,960	100.0%
Live Births to Girls, Ages 15-17, % of County births	262	3.2%	1,058	2.4%
Live Births with Early Prenatal Care, % of Known Prenatal Care	6,924	83.4%	36,831	82.0%
Live Births born Preterm, % of County births	767	9.3%	4,420	9.9%
Low Birth Weight Births, % of County births	546	6.6%	2,991	6.7%
Very Low Birth Weight Births, % of County births	76	0.9%	486	1.1%
Fetal Mortality Rate per 1,000 live births & fetal deaths	34	4.1	177	3.9
Infant Mortality, Rate per 1,000 live births	27	3.3	199	4.4
Child Restraint Use, % of MVO Injured†, Ages 0-5	15	62.5%	135	67.3%
Access and Utilization ³	South	Region (%)	Co	ounty (%)
No Usual Source of Care (ages 18-64)		9.0		13.2
Uninsured All or Part of Year (ages 18-64)		29.6		23.2
Prescription Drug Coverage (ages 18-64)		91.9		94.5
Currently Receiving TANF or CalWORKS (all ages, 300% of FPL)		*		3.3
Single Parents Currently Receiving TANF or CalWORKS (all ages)		16.5		10.9
Children Age 6 and Under Currently on WIC		62.5		42.8
Women with Children Under 7 or Are Pregnant on WIC		59.0		43.5
Residents Under 200% FPL Receiving Food Stamps		10.6		11.0
Children Under 18 Below 200% FPL		46.2		36.1
Health Behaviors & Related Health Factors ³	South	Region (%)	Co	ounty (%)
Adults Under 200% FPL Unable to Afford Enough Food		38.2		35.1
Ate Fast Food 3 or More Times in Past Week (ages 2-17)		21.5		15.0
Children Who Eat Less Than 5 Servings of Fruits and Vegetables Daily (ages 2-11)		49.9		52.9
Mother Aged Under 25 when First Child Born		49.2		38.4



Health Behaviors & Related Health Factors ³	South Region (%)	County (%)
Women with a High School Degree or Less Education (ages 25+)	44.8	31.8
Child Attends Preschool, Nursery school, or Head Start Program At Least 10 hrs/wk (ages <6)	*	21.5
Child Received Emotional/Psychological Counseling in Past Year (ages 4–11)	*	4.5
More Than a Year Since Last Dental Visit (ages 2-11)	*	2.9
More Than a Year Since Last Dental Visit (ages 12-17)	*	7.5
Tested for STD in Past 12 Months (ages 12-17 who have had sexual intercourse)	*	36.5
Has had Flu Vaccination in Past 12 Months (ages 0-11)	57.0	55.6

Sources

- 1. Current Demographic Estimates, San Diego Association of Governments (SANDAG), 2010.
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†Child Restraint Use percentage is defined as the percentage of children ages 0-5 who are properly restrained as motor vehicle occupants (MVO) in crashes occurring on public roads where the status of restraint use was known. Data are by location of occurrence. The data come from the California Highway Patrol Statewide Integrates Traffic Records System.

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This brief contains 2009 behavioral health data for the South Region of San Diego County. Data are provided from the Community Health Statistics Unit and the 2009 California Health Interview Survey.



Demographics ¹	South Region (%)	County (%)
Ages 0-14	22.93	19.92
Ages 15-24	16.49	15.67
Ages 25-44	28.16	28.57
Ages 45-64	21.90	24.28
Ages 65+	10.50	11.56
White	24.55	49.78
Black	4.41	5.22
Hispanic	54.33	30.21
Asian/PI	13.40	10.65
Other	3.31	4.14
Households with income less than	33.59	28.44
200% FPL†	33.33	20.44

Mental Health Behaviors & Related Health Factors ²	South Region (%)	County (%)
Likely Has Had Serious Psychological Distress During Past Year (ages 18+)	*	5.3
Likely Has Had Serious Psychological Distress During Past Month (ages 18+)	*	2.2
Likely Has Had Serious Psychological Distress During Past Month (ages 12-17)	*	2.2
Emotions Severely Impaired Social Life in Past 12 Months (ages 18+)	*	6.9
Emotions Severely Impaired Work in Past 12 Months (ages 18+)	*	4.6
Unable to Work 8 Days or More Due to Mental Problems (ages 18+)	*	56.5
Saw Any healthcare Provider for Emotional-Mental and/or Alcohol-Drug Issues in Past Year (ages 18+)	13.5	13.5
Has Taken Prescription Medicine for 2 or More Weeks for Emotional/ Mental Health Issues in Past Year (ages 18+)	9.3	11.0
Received Psychological/Emotional Counseling in Past Year (ages 12-17)	*	10.5
Child Received Emotional/Psychological Counseling in Past Year (ages 4-11)	*	4.5
Ever Seriously Thought About Committing Suicide (ages 18+)	*	8.0

Substance Abuse Health Behaviors & Related Health Factors ²	South Region (%)	County (%)
Binge Drinking in Past Year (ages 18+)	36.2	34.8
Ever Tried Marijuana, Cocaine, Sniffing Glue, or Other Drugs (ages 12-17)	*	10.2
Used Marijuana in Past Year (ages 12-17)	*	6.1



Access and Utilization ²	South Region (%)	County (%)
No Usual Source of Care (ages 18-64)	9.0	13.2
Uninsured All or Part of Year (ages 18-64)	29.6	23.2
Prescription Drug Coverage (ages 18-64)	91.9	94.5
Health Behaviors & Related Health Factors ²	South Region (%)	County (%)
Adults Under 200% FPL Unable to Afford Enough Food (ages 18+)	38.2	35.1
Ate Fast Food 3 or More Times in Past Week (ages 2-17)	21.5	15.0
Children Who Eat Less Than 5 Servings of Fruits and Vegetables Daily (ages 2-11)	49.9	52.9
Mother Aged Under 25 When First Child Born	49.2	38.4
Tested for STD in Past 12 Months (ages 12-17 who have had sexual intercourse)	*	36.5

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